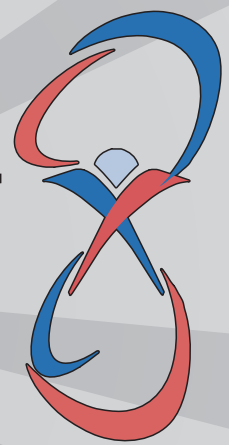


CAROLINA - TENNESSEE - ALABAMA - FLORIDA - GEORGIA - LOUISIANA - MISSISSIPPI - N. CAROLINA

**LEVEL 9 &  
REGION 8**  
**REGIONAL  
GYMNASTICS CHAMPIONSHIPS**



**Meet  
Integrity**



**MSUSAG**  
REACHING NEW HEIGHTS EVERYDAY!

**JACKSON CONVENTION COMPLEX  
APRIL 12-14, 2013 JACKSON, MS**

# REGION 8 LEVEL 9/10 REGIONALS

-Hosted by Meet integrity and Mississippi USA Gymnastics-

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## Region 8 2013 USAG Regional Championships-Level 9 and 10

### Welcome!

On behalf of Meet Integrity and Mississippi USAG, we congratulate all of the athletes, their families, and coaches attending this year's championship. We realize the immense dedication it took to get you to Jackson, Mississippi, and we are honored to have you as our guest. We wish each of you the best of luck and a wonderful destination experience.

We hope you will find all the information you need as an athlete, family member or coach in this packet and we sincerely hope you will have time to visit the many attractions the "City With Soul" has to offer. Should you need any additional information or if we can be of help in any way, please call Meet Integrity at 888.779.9106 or email us [info@meetintegrity.com](mailto:info@meetintegrity.com).

Mississippi USA Gymnastics and Meet Integrity are delighted to host what will be our seventh regional meet, and one Level 9 Eastern Championship in our state. We will also be hosting the 2014 J.O. Level 10 National Championship at this very location next year. It is our honor to have you in Jackson, Mississippi and we are making every effort for the athletes to feel comfortable in their surroundings so they can concentrate on their championship day.

We look forward to seeing you in May, and wish you a safe and memorable trip.

John Williams  
Meet Director

Nancy S. Lay  
Mississippi State Committee Chair



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## 2013 USAG Region 8 Level 9/10 Championships General Meet Information

Meet Hosts:	Mississippi USAG and Meet Integrity <a href="http://www.meetintegrity.com">www.meetintegrity.com</a>
Meet Director:	John Williams <a href="mailto:john@meetintegrity.com">john@meetintegrity.com</a> 888.779.9106
State Chair-Meet Coordinator:	Nancy S. Lay
Meet Location:	Jackson Convention Complex 105 East Pascagoula Street Jackson, Mississippi 39201 601.960.2321
Entry Fee:	\$100.00 per athlete
Entry Deadline:	Midnight on Monday following 9/10 State Meets
Equipment:	All AAI from The Equipment Guy
General Admission:	Adults 13+ \$15.00 day \$35.00 weekend pass Children 5-12: \$10.00 day \$20 weekend pass Children five and under free Seniors (over 60) \$10 one day \$25 weekend pass Gymnast competing in meet free
Concessions:	Food and beverages will be available for purchase- please do not bring food into facility



## **Region 8 2013 Level 9 and Level 10 Regional Championships**

### **Entry Information**

**All entries must be completed online by the deadline. Entry fee is \$100.00 per athlete. Deadline 12:00 midnight Monday following your Optional State Meet.**

**Please visit the following website to register:**

**Web Site:**

<http://meetmaker.com/meetmaker/meets/meetdetails.aspx?eventid=247>

**Levels and Fees:      Teams Allowed: No**

<b>Gender</b>	<b>Category</b>	<b>Level</b>	<b>Fee</b>	<b>Team Limited</b>
Female	Gymnastics	Level 9	\$ 100.00	No
Female	Gymnastics	Level 10	\$ 100.00	No
N/A	Gymnastics	Coach	\$ 0.00	No

**\*an additional 3% processing fee will be added**

**The Regional Committee will finalize the Official Schedule once all entries are received. The schedule will be posted on the official competition website at:**

<http://meetintegrity.com/meets/2012-2013/9-10Regionals/>



---

2013 USAG REGION 8 LEVEL 9/10 REGIONAL CHAMPIONSHIPS  
GRADUATING SENIOR INFORMATION FORM

Name: \_\_\_\_\_

Parent's Names: \_\_\_\_\_

Club: \_\_\_\_\_

Coaches: \_\_\_\_\_

Years in Gymnastics: \_\_\_\_\_

Gymnastics Highlights: \_\_\_\_\_

High School Accomplishments: \_\_\_\_\_

Other Interests: \_\_\_\_\_

Plans for Next Year: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Please submit this form via email by Thursday, March 28, 2013  
to [deb@meetintegrity.com](mailto:deb@meetintegrity.com)



**Located at the crossroads of I-20 and I-55, Jackson is easily accessible by all modes of transportation. The Jackson International Airport is situated only 15 minutes from downtown.**

## **Air Travel**

**Jackson-Evers International Airport**  
100 International Drive • 601-939-5631  
[www.jmaa.com](http://www.jmaa.com)

Jackson International Airport is the commercial airport serving Jackson. Designated as a general purpose Foreign Trade Zone, it maintains two 8,500-foot runways and has undergone a multi-million dollar renovation. Airlines serving Jackson are American Eagle, Continental, Delta, Northwest Airlines, Southwest Airlines and US Airways Express.

## **Driving Directions to the JCVB**

From Interstate 55 North, take the Pearl Street exit (96A). Drive West on Pearl over the bridge and through the first intersection at Pearl and State Street (notice the Jackson event banners on the NW and SW corners of the intersection). Drive five blocks and turn right (North) at Farish Street then right (East) at the next block on Capitol Street. The first multi-storied office building on your right is the 111 East Capitol Building, and the JCVB office is the first office to the right of the front door on the first floor.

## **Rail Travel**

### **Amtrak Passenger Station**

Union Station  
300 West Capitol Street  
601-355-6350  
General Information and Reservations  
800-872-7245  
Amtrak serves the city of Jackson with daily service to Chicago and New Orleans. [www.amtrak.com](http://www.amtrak.com)

## **Taxicab**

### **Citi-Cab Co .**

300 N. Mill St., Jackson  
601-355-8319

### **Deluxe Cab**

593 Terry Rd., Jackson  
601-948-4761

### **Jackson Taxi**

217 W. Griffith St., Jackson  
601-292-1100

### **Veterans Cab**

809 N. State St., Suite 101, Jackson  
601-355-2222

### **Yellow Cab**

5601 Hwy. 80 W, Jackson  
601-922-3782



<b>Host Hotels</b>	<b>Room Rates</b>
<p><b>Hilton Garden Inn</b>  <i>Walking distance</i>            235 Capitol Street            Jackson, Ms 39201</p> <p>887.782.9444 or 601.353.5464            Online Reservation</p>	<p>\$112.00            Group: Region 9/10            Meet</p>
<p><b>Marriott Jackson</b>  <i>Walking Distance</i>            200 East Aite Street            Jackson Ms 39201</p> <p>800.MARRIOTT            Online Reservation</p>	<p>\$114.00            Group: Gymnastics            Regionals</p>
<p><b>Hilton Jackson</b>            1001 East County Line Road            Jackson, Ms 39211</p> <p>888.263.0524            Online Reservation</p>	<p>\$99.00            Group: Gym</p>
<p><b>Courtyard by Marriott</b>            6280 Ridgewood Road            Jackson, Ms 39211</p> <p>601.956.9991            Online Reservation</p>	<p>\$114.00            Group:            Gymnastics Region 8</p>





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*As the capital of Mississippi,  
Jackson is a Southern city that will  
show you a world of possibilities.  
From unique, authentic festivals  
to internationally renowned ballet.  
Fascinating museums to smooth,  
sassy blues. It's all here in a vibrant metropolis  
of over half a million warm, friendly people.  
Better still, Jackson offers more than  
250 restaurants, nearly 5,000 hotel rooms,  
and a charm that delights visitors again and again.  
Of course, one visit is all it takes to discover why  
Jackson is the city with soul*

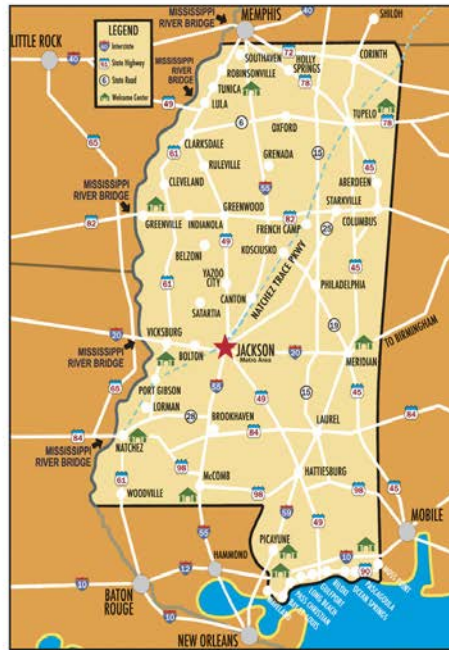


**DESTINATION  
OVERVIEW**

As capital of the hospitality state, Jackson is a melting pot for all things Mississippi. Our heritage appeals to all the senses - you can see historic architecture, feel the emotion in rich literary works, taste and smell soulful, Southern-style cooking and hear blues and gospel music, while feeling it right down to your toes ... and sometimes, all in the same place! It doesn't take a sixth-sense to realize that Jackson is "sense"-ational!

**GENERAL FACTS**

- 7 % Sales Tax
- 4% Hotel
- \$0.75 Room Night Tax
- 2% Restaurant tax
- State Pop. 2.84 million
- Metro Pop. 440,801
- 48+ Hotels; 5,500+ rooms
- Shopping Malls
- Antique District
- 300+ Various Restaurants



**LOCATION**

Located in Central Mississippi at the crossroads of I-55 N/S and I-20 E/W Jackson is a natural stopover to the Deep South.

**DISTANCES TO:**

- Atlanta - 441
- Memphis - 208
- Dallas - 412
- New Orleans - 185

**TEMPERATE  
CLIMATE  
YEAR ROUND**

Winter	48 F
Spring	65 F
Summer	81 F
Fall	66 F

**COMPLEMENTARY  
CONVENTION  
SERVICES**

- Official Invitations
- Program Coordination
- Canvass Local Hotels
- Attendance Promotion
- Publicity
- Welcome
- Registration Assistance
- Brochures

**Just call 601-960-1891 or 1-800-354-7695 today to get all the details.**  
 We'll show you why Jackson is the City with Soul.  
 Jackson Convention & Visitors Bureau • 111 E. Capitol St, Jackson, MS 39201  
[www.visitjackson.com](http://www.visitjackson.com)

# DOWNTOWN JACKSON RESTAURANTS



City with taste.  
City with flavor.  
City with soul.

**Jackson**  
MISSISSIPPI  
WWW.VISITJACKSON.COM  
601-960-1891

Visit our Website for Downloadable Restaurant Guide

Adobo, 127 S. Roach St. Standard Life Bldg. ....	601-944-9501	EL
Basil's, 120 N. Congress St. ....	601-944-9888	
Big Apple Inn, 509 N. Farish St. ....	601-354-4549	L
Bistro 200, 200 E. Amite St. ....	601-503-2046	ELW
Bonnie's, 188 E. Capitol St. ....	601-353-5836	L
Chick-Fil-A, 210 E. Capitol St. ....	601-352-1450	B
Coffee Roastery, 308 E. Pearl St. ....	601-949-6994	
Congress Street Bar & Grill, 120 N. Congress St. ....	601-968-0857	L
Cups on Capitol, 210 E. Capitol St. ....	601-352-0514	B
Downtown Cafe, 224 E. Capitol St. ....	601-592-5006	BE
Elite Restaurant, 141 E. Capitol St. ....	601-352-5606	B LW
F. Jones Corner, 303 N. Farish St. ....	601-983-1148	ELW
Hal & Mal's Restaurant, 200 S. Commerce St. ....	601-948-0888	ELW
Jaco's Tacos, 318 S. State St. ....	601-961-7001	EL
Keifer's Restaurant, 120 N. Congress St. ....	601-353-4976	L
King Edward Grill, 235 W. Capitol St. ....	601-969-8500	BE LW
Lamar Restaurant, 209 S. Lamar St. ....	601-354-9300	B LW
Martin's Restaurant, 214 S. State St. ....	601-354-9712	ELW
Mayflower Café, 123 W. Capitol St. ....	601-355-4122	LW
McAlister's Select, 220 E. Amite St. ....	601-985-9108	
Middy Cafe at Martin's, 214 S. State St. ....	601-398-7862	
My Cup Runneth Over, 111 E. Capitol St., Ste. 106 ....	601-360-2419	B
Old Capitol Inn Restaurant, 226 N. State St. ....	601-359-9000	
Ole Tavern on George Street, 416 George St. ....	601-960-2700	ELW
Palette Café by Viking, 380 S. Lamar St. ....	601-960-1515	EW
Parlor Market, 115 W. Capitol St. ....	601-360-0090	LW
Peaches Café, 327 N. Farish St. ....	601-354-9267	B LW
Scurlock's Donuts & Eatery, 125 S. Congress St., Ste. 106 .	601-326-8520	B
Seattle's Best Coffee, 235 W. Capitol St. ....	601-969-8535	B LW
Smoothie King, 100 E. Capitol St. ....	769-257-7483	
Steve's Downtown Deli, 125 S. Congress St. ....	601-969-1119	
Steve's Uptown Deli, 200 S. Lamar St. ....	601-714-5683	
Subway, 210 E. Capitol St. ....	601-352-5989	B
Subway, 308 Pearl St. ....	601-360-2831	B L
Sugar's Place, 168 W. Griffith St. ....	601-352-2364	B
Taste of the Island Caribbean, 436 E. Capitol St. ....	601-360-5900	L
Two Sisters, 707 N. Congress St. ....	601-353-1180	W
Underground 119, 119 S. President St. ....	601-352-2322	ELW
Union Station Restaurant, 300 W. Capitol St. ....	601-355-5443	W
Wasabi Sushi, 100 E. Capitol St., Ste. 105 ....	601-948-8808	ELW

E - Entertainment      W - Open Weekends  
L - Open after 5PM      B - Open for Breakfast







## JACKSON RESTAURANTS

Jackson offers more than 300 individually unique restaurants ready to satisfy any cravings that your soul desires. You will find all restaurants within 25 minutes of James E. Parkman Track & Field Complex

### CUISINE CATEGORIES

#### AMERICAN

*Familiar dishes served throughout the country*

Appetizers	Lone Star Steakhouse and Saloon
Back Yard Burgers	Majestic Burger
Bistro 200	McAlister's Deli
Bo-Don's	Market Bites at Interiors Market
Bon Ami	Miller's Grill
Brent's Drugs, Soda Fountain & Gifts	Newk's Express Café
Broad Street Baking Company & Café	Old Capitol Inn Restaurant
The Bulldog	Ole Tavern at George Street
Bully's Restaurant	Palette Café
Bumpers Drive In	Parlor Market
Cherokee Inn	Penguin
Chick-fil-A	Petro Iron Skillet
Chili's Grill & Bar	Piccadilly
Chimneyville Smokehouse	Poets II
Chuck E. Cheese's	Que Será Será
Congress Street Bar & Grill	Remingtons Restaurant & Bar
Cool AI's	Rio Grande Grill
Cracker Barrel Old Country Store	Rooster's
Dixon's Diner	Scrooge's
Elite Restaurant	Scurlock's Donut Shop & Eatery
F. Jones Corner	Scurlock's Donuts Downtown
Fenian's Irish Pub	Shoney's
George's Museum Café	Sophia's
Greyhound Restaurant	Sportsman's Lodge Restaurant
Hal and Mal's Restaurant	Stamps Superburgers
Hooters of Jackson	Steam Room Grille
Hudgely's Family Restaurant	Downtown Cafe
Huntingtons Grill	Time Out Sports Café
International House of Pancakes	Waffle House
J's Eat Shoppe	Walker's Drive-In
John's Restaurant	Wellingtons Restaurant
Lamar Restaurant	Wingstop
Last Call Sports Grill	
Lenny's Sub Shop	
Logan Farms Honey Glazed Hams	

#### BARBEQUE

*Many flavorful Southern styles*

Chimneyville Smokehouse	Remingtons Restaurant & Bar
Dixon's Diner	Rib Shack BBQ & Seafood
E & L Barbeque	Sonny's Real Pit Bar-B-Q
Hickory Pit	T'Beaux's Crawfish & Seafood
Ida's Restaurant	Three Sons Restaurant
Lumpkins BBQ	Wingstop
Munches Smokehouse Restaurant	

#### BRUNCH

*Beyond breakfast; more lavish than lunch  
Call for days serving brunch*

Bistro 200	Que Será Será
Bon Ami	Rio Grande Grill
Char	Sophia's
Monte's Steak & Seafood	Wellingtons Restaurant

#### BUFFET/CAFETERIA

*So much to choose from, so little time!*

Chimneyville Smokehouse	King Buffet
Collins Dream Kitchen	Piccadilly
Country Fisherman	Rio Grande Grill
Eurest Dining, Landmark Center Cafeteria	Two Sisters' Kitchen
Farmer's Market Grill	
George's Museum Café	

#### CAJUN/NEW ORLEANS

*Adapted from Louisiana recipes*

Congress Street Bar & Grill	Popeye's Chicken & Biscuits
Crawdada Hole	Que Será Será
Fitzgerald's	T'Beaux's Crawfish & Seafood
King Edward Grille	
Poets II	

#### COFFEE SHOP

*Focused on the coffee; often a bit more*

Brent's Drugs, Soda Fountain & Gifts	Palette Café
Broad Street Baking Company & Café	Scurlock's Donut Shop & Eatery
Coffee Roastery	Scurlock's Donuts Downtown
Crazy Cat Bakery	Seattle's Best Coffee
Cups	Seattle Drip Coffee Company
Javawerks	Sneaky Beans
Koinonia Coffee House	Starbucks Coffee
My Cup Runneth Over	



**DELI/SANDWICHES**

*Classic and regional sandwich specialties*

- |  |                                  |
|--|----------------------------------|
| American Deli  | Jason's Deli                     |
| Appetizers   | Keifer's Restaurant              |
| Basil's  | Koinonia Coffee House            |
| Basil's of Belhaven                                    | Last Call Sports Grill           |
| Basil's Pasta and Panini Parlor                        | Lenny's Sub Shop                 |
| Beagle Bagel Café                                      | Logan Farms Honey Glazed Hams    |
| Beatty St. Grocery                                     | Market Bites at Interiors Market |
| Best of Health   | McAlister's Deli                 |
| Big John's   | Newk's Express Café              |
| Bistro 200   | Palette Café                     |
| Bop's Frozen Custard                                   | Paul Anthony's Market            |
| Brent's Drugs, Soda Fountain & Gifts                   | Penguin                          |
| Broad Street Baking Company & Café                     | Pizza Shack                      |
| Congress Street Bar & Grill                            | Quizno's Subs                    |
| Cool Al's  | Room Service                     |
| Copper Iris  | Rooster's                        |
| Crazy Cat Bakery                                       | Stamps Superburgers              |
| Cups   | Steve's Downtown Deli & Bakery   |
| CS's   | Steve's Uptown Café              |
| Deli on the Hill                                       | Subway                           |
| Dixon's Diner  | Sugar's Place                    |
| Elephant House Café                                    | The Bulldog                      |
| Fenian's Irish Pub                                     | Two Sisters Deli                 |
| High Noon Café/Rainbow Whole Foods Cooperative Grocery | We Love Yogurt                   |
|  | Wired Espresso Café              |

**DELIVERY SERVICE**

*Make it easy on yourself; pick up the phone*

- |                             |              |
|-----------------------------|--------------|
| Congress Street Bar & Grill | Pizza Hut    |
| Domino's Pizza              | Room Service |
| Papa John's Pizza           | Steak Out    |

**FAST FOOD**

*Popular nationwide and regional franchise stores*

- |                     |                                |
|---------------------|--------------------------------|
| Arby's              | Lewis Dairy Bar and Restaurant |
| Back Yard Burgers   | McDonald's                     |
| Beatty St. Grocery  | Popeye's Chicken & Biscuits    |
| Big Apple Inn       | Rally's                        |
| Bumpers Drive In    | Sonic Drive-In                 |
| Burger King         | Subway                         |
| Captain D's Seafood | Taco Bell                      |
| Chick-fil-A         | Taco Bell/Long John Silver's   |
| Church's Chicken    | Wendy's                        |
| Dairy Queen         | Whataburger                    |
| Domino's Pizza      | Wingstop                       |
| Ellis Seafood       | Zaxby's                        |
| KFC                 |                                |
| Krystal             |                                |

**FINE DINING**

*White tablecloths, wine lists, gourmet dining, elegant service*

- |                                   |                    |
|-----------------------------------|--------------------|
| Bon Ami                           | King Edward Grille |
| BRAVO! Italian Restaurant and Bar | Nick's             |
| Char                              | Olga's Fine Dining |
| Huntingtons Grill                 | Parlor Market      |
| Julep Restaurant & Bar            | Sophia's           |
|                                   | Walker's Drive-In  |

**FRIED FISH**

*Mostly Mississippi's famous home-grown catfish*

- |                             |                               |
|-----------------------------|-------------------------------|
| Big John's                  | Munches Smokehouse Restaurant |
| Bo-Don's                    | Pantrout Cabin                |
| Congress Street Bar & Grill | Penn's Express                |
| Country Fisherman           | Penn's Fish House             |
| Cracker Barrel              | Rib Shack BBQ & Seafood       |
| Old Country Store           | Rio Grande Grill              |
| Dixon's Diner               | Sugar's Place                 |
| Elephant House Café         | Taste of the Island Caribbean |
| Fish Hut                    | T'Beaux's Crawfish & Seafood  |
| Ida's Restaurant            | Valley Street Fish            |
| John's Restaurant           |                               |
| Kim's Seafood Restaurant    |                               |
| Martin's Fish House         |                               |

**GOURMET SHOP**

*Specialty items for the eclectic palate*

- |                             |                       |
|-----------------------------|-----------------------|
| Bodega                      | Paul Anthony's Market |
| Great Harvest Bread Company |                       |

**INTERNATIONAL**

*From around the globe but adjusted to Mississippi palates*

- Caribbean • Chinese • French • Greek/Mediterranean  
Indian • Irish • Italian • Japanese  
Mexican/Southwestern • Spanish • Thai**  
*See below for individual cuisine listings for each*

**CARIBBEAN**

- Taste of the Island Caribbean

**CHINESE**

- |                              |                           |
|------------------------------|---------------------------|
| Best Wok Chinese             | Hunan Garden              |
| Chan's Garden                | King Buffet               |
| China Belle                  | Mr. Chen's                |
| China Buffet                 | New China Buffet & Sushi  |
| Chopstick Chinese Restaurant | Peking Chinese Restaurant |
| Five Happiness Restaurant    | Rice Delight Carry-Out    |
| Golden State Restaurant      | Spring Chinese Buffet     |
|                              | Tai Hong Restaurant       |

**FRENCH**

- Bon Ami



**STEAKS**

*Broiled, grilled, stuffed, sauced or blackened,  
here's the beef!*

- |                                      |   |
|--------------------------------------|---|
| Bonsai Japanese<br>Steakhouse        | Monte's Steak & Seafood<br>Munches Smokehouse<br>Restaurant |
| BRAVO! Italian Restaurant<br>and Bar | Nick's  |
| Char                                 | Olga's Fine Dining  |
| Crechale's Restaurant                | Outback Steakhouse  |
| Elite Restaurant                     | Paul Anthony's Market                                       |
| Fitzgerald's                         | Rio Grande Grill  |
| Huntingtons Grill                    | Sakura Bana Japanese<br>Restaurant                          |
| Julep Restaurant & Bar               | Steak Out   |
| Lone Star Steakhouse<br>and Saloon   | Wellingtons Restaurant                                      |
| Mayflower Café                       |   |

**SWEETS**

*Ice cream, yogurt/smoothies, fresh baked goodies,  
coffee shop pastries – YUMMY!*

- |                                       |                       |
|---------------------------------------|-----------------------|
| Basil's of Belhaven                   | Mama's Eats & Sweets  |
| Baskin Robbins Ice Cream              | Marble Slab Creamery  |
| Bop's Frozen Custard                  | My Cup Runneth Over   |
| Broad Street Baking<br>Company & Café | Nandy's Candy         |
| Coffee Roastery                       | Sal & Mookie's        |
| Crazy Cat Bakery                      | Scurlock's            |
| Cups                                  | Seattle's Best Coffee |
| Dairy Queen                           | Smoothie King         |
| Great Harvest Bread<br>Company        | We Love Yogurt        |

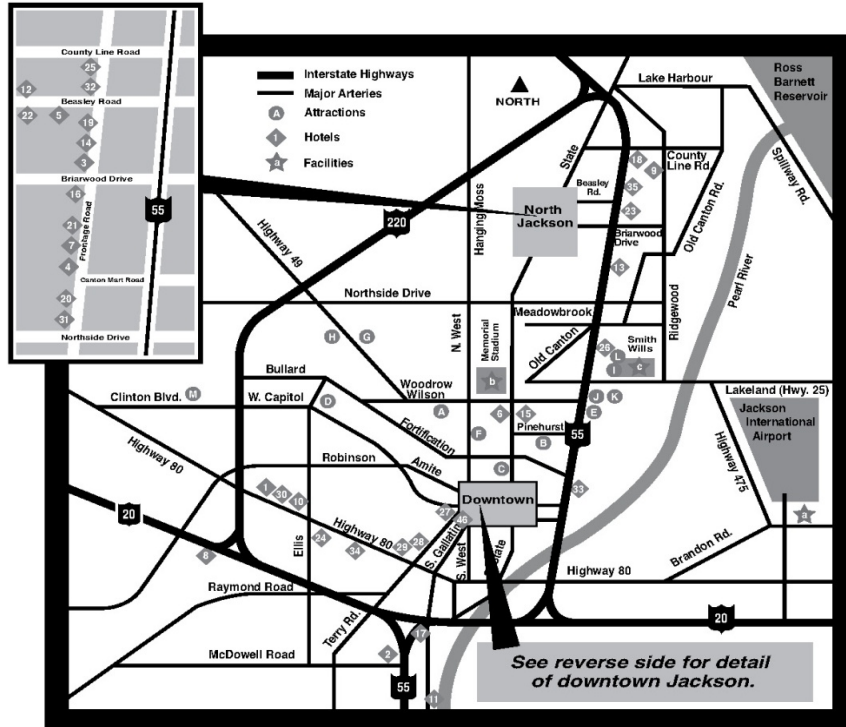
**TAPAS**

- |                      |                 |
|----------------------|-----------------|
| Babalu Tacos & Tapas | Underground 119 |
|----------------------|-----------------|

**VEGETARIAN**

*Garden vegetables cooked **without** animal products*

- |   |                                  |
|---|----------------------------------|
| Aladdin Mediterranean Grill                                   | Keifer's Restaurant              |
| BRAVO! Italian Restaurant<br>and Bar                          | Taste of the Island<br>Caribbean |
| Cool Al's   |                                  |
| High Noon Café/<br>Rainbow Whole Foods<br>Cooperative Grocery |                                  |



## JACKSON ATTRACTIONS, HOTELS & FACILITIES

### ● ATTRACTIONS

- A. The City of Jackson Fire Museum & Public Fire Safety Education Center
- B. Eudora Welty House & Garden
- C. Jackson Municipal Art Gallery
- D. Jackson Zoological Park
- E. LeFleur's Bluff State Park
- F. Manship House
- G. Medgar Evers Home
- H. Medgar Evers Library/Statue
- I. Mississippi Agriculture & Forestry Museum/National Agricultural Aviation Museum
- J. Mississippi Children's Museum
- K. Mississippi Museum of Natural Science
- L. Mississippi Sports Hall of Fame & Museum
- M. Mynelle Gardens

### ◆ HOTELS

- 1. America's Best Inn • 601-353-0340
- 2. America's Best Value Inn  
601-372-1006
- 3. Baymont Inn • 601-206-1616
- 4. Best Value Inn & Suites  
601-982-1011

- 5. Best Western Jackson North  
601-956-8686

- 6. Cabot Lodge Millsaps  
601-948-8650
- 7. Clarion Hotel and Suites  
601-366-9411
- 8. Comfort Inn Southwest  
601-922-5600
- 9. Courtyard by Marriott  
601-956-9991
- 10. Days Inn Southwest  
601-969-5511
- 11. E.com Lodge • 601-373-1244
- 12. Extended Stay Deluxe  
601-206-5757
- 13. Extended Stay of America  
601-956-4312
- 14. Fairfield Inn by Marriott  
601-957-8557
- 15. Fairview Inn (Bed & Breakfast)  
601-948-3429

- 16. Hampton Inn North  
601-956-3611
- 17. Hill Top Inn • 601-354-4455
- 18. Hilton Jackson • 601-957-2800
- 19. In-Town Suites • 601-957-6833
- 20. Inns of USA • 601-981-3320

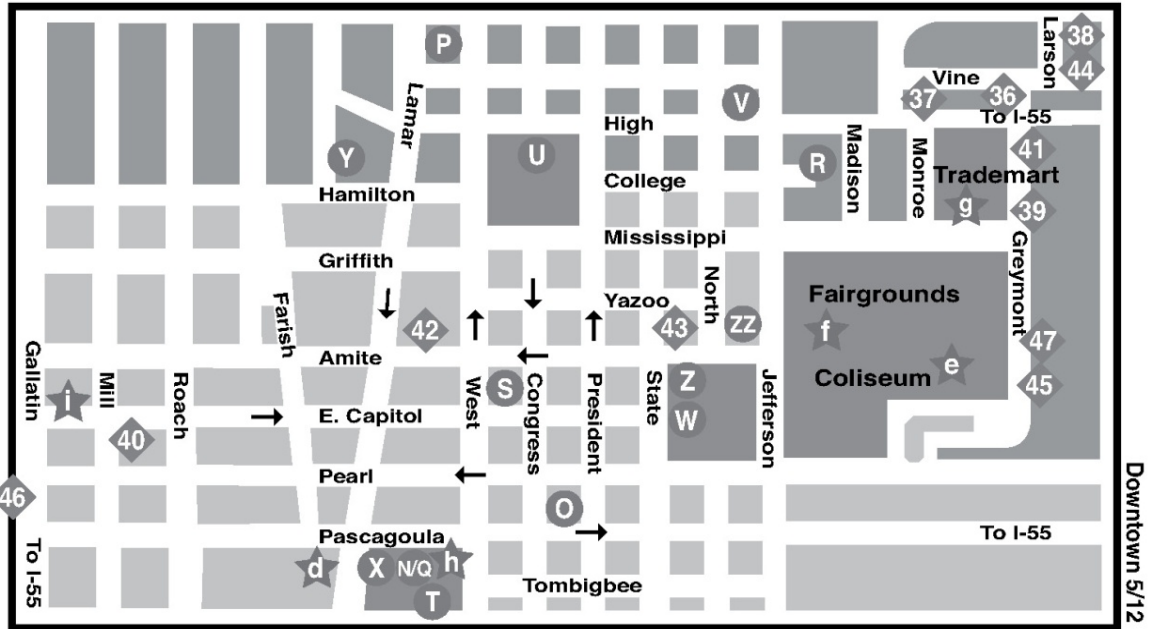
- 21. Jackson Inn & Suites  
601-899-9000

- 22. Jameson Inn • 601-206-8923
- 23. La Quinta Inn North  
601-957-1741
- 24. Metro Inn • 601-355-7483
- 25. Motel 6 • 601-956-8848
- 26. Parkside Inn • 601-982-1122
- 27. Poindexter Park Inn  
(Bed & Breakfast) • 601-944-1392
- 28. Regal Inn • 601-355-0753
- 29. Regency Inn • 601-354-4931
- 30. Scottish Inn • 601-354-3900
- 31. Select 10 Motel North  
601-982-1044
- 32. Studio 6 • 601-956-9988
- 33. Studio 6 • 601-355-3599
- 34. Super 8 • 601-948-0680
- 35. Super 8 North • 601-956-9986

### ★ FACILITIES

- a. Jackson-Evers International Airport  
601-939-5631
- b. Mississippi Veterans Memorial Stadium • 601-354-6021
- c. Smith-Wills Stadium  
601-362-2294





### ● DOWNTOWN ATTRACTIONS

- N. Arts Center of Mississippi
- O. City Hall
- P. Greenwood Cemetery
- Q. The International Museum of Muslim Cultures
- R. Mississippi Farmers Market
- S. Mississippi Governor's Mansion
- T. Mississippi Museum of Art
- U. Mississippi State Capitol
- V. The Oaks House Museum
- W. The Old Capitol Museum
- X. Russell C. Davis Planetarium/  
Ronald E. McNair Space Theater
- Y. Smith Robertson Museum & Cultural Center
- Z. War Memorial Building
- ZZ. William F. Winter Archives & History Building

### ◆ DOWNTOWN HOTELS

- 36. Best Western Executive Inn • 601-969-6555
- 37. Coliseum Inn & Suites • 601-352-8282
- 38. Days Inn-Coliseum • 601-352-7387
- 39. Hampton Inn & Suites • 601-352-1700
- 40. Hilton Garden Inn Jackson/ Downtown (formerly the  
Historic King Edward Hotel) • 601-353-5464
- 41. Jackson Hotel and Suites • 601-948-4466
- 42. Jackson Marriott-Downtown • 601-969-5100
- 43. Old Capitol Inn (Boutique Hotel) • 601-359-9000
- 44. Red Roof Inn Fairgrounds • 601-969-5006
- 45. Regency Hotel & Convention Center • 601-969-2141
- 46. Sleep Inn & Suites • 601-896-0390
- 47. Travel Lodge • 601-969-2230

### ★ DOWNTOWN FACILITIES

- d. Jackson Convention Complex • 601-960-2321
- e. Mississippi State Coliseum • 601-961-4000
- f. Mississippi State Fairgrounds • 601-961-4000
- g. Mississippi Trade Mart • 601-961-4000
- h. Thalia Mara Hall • 601-960-1537
- i. Union Station • 601-355-6350



## WE DARE YOU TO TRY TO FIT ALL OF THIS INTO ONE VISIT.

ATTRACTIONS AND MUSEUMS

### Arts Center of Mississippi

201 E. Pascagoula Street • 601-960-1500

The center is home to several arts organizations and hosts changing events open to the public.

### Eudora Welty House & Garden



1119 Pinehurst Street • 601-353-7762  
[weltytours@mdah.state.ms.us/welty](mailto:weltytours@mdah.state.ms.us)

The house is a National Historic Landmark and one of the most intact literary homes in America. Welty, born in 1908, was a writer of international acclaim, and her home in Jackson's historic Belhaven neighborhood is where she always returned to create her novels and short stories. The garden is beautifully reconstructed to the 1925-1945 period when Welty worked at her mother's side planting, watering, and weeding.

- Tours: Tuesdays-Fridays (by reservation only)
- Hours: 9 a.m., 11 a.m., 1 p.m., 3 p.m.
- Admission: Adults \$5, Students \$3, & children under 6 free. Groups of 13 or more \$1 off each ticket.

### Farish Street Historic District

*(This area is undergoing renovation)* Amite Street across to Fortification Street and Mill Street to Lamar Street • 601-948-5667

The District is made up of residences and diverse businesses and was placed in the National Register of Historic Places in 1980. The District includes over 690 listings in the National Register of Historic Places. There are vernacular architectural examples representing craftsmanship skills of numerous African-American building contractors. Walking tours reveal a variety of styles which include antebellum, Creole, Queen Anne, shotgun, and bungalow cottages in addition to business structures which represent the early-20th century. Tours can be arranged through the Jackson Convention & Visitors Bureau at 601-960-1891.

### The Fondren District

3318 North State Street  
601-981-9606 • [www.fondren.org](http://www.fondren.org)

A destination for culture and urban living in the Jackson area, Fondren offers shops, great restaurants, notable art galleries, eclectic architecture, charming homes, and wonderful people. The community is home to four hospitals and the University of Mississippi Medical Center. Its borders include everything south of Northside Drive, west of I-55, north of Woodrow Wilson and east of Mill Street.



### Jackson Municipal Art Gallery

839 North State Street • 601-960-1582

The building, originally built in the late 1860s as a stately private home, stands today as one of the oldest surviving historic structures in Jackson. Attracting thousands of visitors each year with its changing exhibits, the gallery has become a focal point for hundreds of local artists.

- Tour Time: 30 minutes-1 hour
- Hours: Tuesday-Saturday 9 a.m.-5 p.m., Sunday 2-5 p.m.
- Admission: Free

### Jackson Zoological Park



2918 West Capitol Street  
601-352-2580 • [www.jacksonzoo.org](http://www.jacksonzoo.org)

An afternoon wandering along the walkways of the Jackson Zoo will delight kids of any age. The Jackson Zoo has one of the finest collections of

wild animals from throughout the world, with over 700 animals shown in natural surroundings. Don't miss *Wilderness Mississippi*, the zoo's newest exhibit of indigenous animals. Enjoy an outdoor picnic at the Elephant House Café.

- Hours: Monday-Sunday 9 a.m.-4:30 p.m.
- Admission: Adults \$8, Children ages 2-12 \$5, 13 & older \$8, Seniors (65) \$7.20; Military Rate: (for immediate family) Children \$4.50, Adults \$7. Parking \$2 per car.

### LeFleur's Bluff State Park

2140 Riverside Drive • 601-987-3985

This beautiful urban park is located on 500 acres of woodlands that are home to nature trails, a public nine-hole golf course and driving range, picnic areas, playgrounds, and Mayes Lake for fishing. LeFleur's Bluff has an excellent RV camping facility. There are camp sites and utility hookups, campground bathhouses, and comfort stations. The Mississippi Natural Science Museum and the Mississippi Children's Museum are located within the park.

- Park Admission: Private vehicles \$3

### Medgar Evers Home



2332 Margaret Walker Alexander Drive • 601-977-7710

Evers was the first field secretary for the NAACP in Jackson at the time of his death, June 12, 1963. The small house and site of his assassination,

and the neighborhood of similar houses that surround it, make palpable the very simple longings for freedom and opportunity that drove the Civil Rights Movement. As a museum and a house in a historic district, the renovated structure informs those who visit of the many sacrifices that took place in Jackson and in Mississippi, and presents a modern link in the succession of Mississippi landmarks that communicate the history of the state.

- By appointment only
- To visit the Medgar Evers home, contact the Office of EDC at Tougaloo College at 601-977-7839

### Mississippi Agriculture & Forestry Museum /National Agricultural Aviation Museum

1150 Lakeland Drive • 601-432-4500  
1-800-844-TOUR • [www.msagmuseum.com](http://www.msagmuseum.com)

This 40-acre complex, located in the heart of the city, brings to life Mississippi's rich agricultural heritage. A 40,000-square-foot Heritage Center traces the history of agriculture and forestry through an extensive collection of artifacts and lifelike exhibits. Outside, the Fortenberry-Parkman Farm restoration and Bisland Cotton Gin, both circa 1860, tell the story of farm life in early Mississippi. Walk down Main Street of the "Small Town, Mississippi" restoration (circa 1920) and imagine a day in the lives of the people who once toiled and worshiped in these buildings. A visit to the Fitzgerald Collection and the Ethnic Heritage Center complete this walk through history. Award-winning rose gardens and special interest gardens provide enjoyment year-round.

- Tour Time: 1-2 hours
- Hours: Monday-Saturday 9 a.m.-5 p.m.
- Reservations requested for groups of 15 or more
- Admission: Adults \$5 per person, Seniors \$4, Ages 5-18 \$3, and Ages 3-4 \$1

#### Special Services:

- Member NTA
- Interpretative guide provided upon request
- Multi-media presentation available
  - Gift shop • Picnic area
  - Refreshments available in General Store
- Museum Café serves breakfast and lunch
- Meeting rooms • Motorcoach parking

### Mississippi Blues Trail Markers



Jackson boasts more historic Blues markers than any other city in the state. The Blues has a rich history here, from the "Farish Street Sound" to Brinkley Middle School, where Grammy-winner Cassandra Wilson found her musical calling and chose to have her marker placed - the 100th on the Trail! Visit all our markers for a wealth of Blues heritage stories.

• **Ace Records,**  
241 N. Farish Street

• **Alamo Theater/ Dorothy Moore,**  
333 N. Farish Street

• **Bobby Rush, Lynch**

*Street/Metro Parkway  
at Valley Street*

- **Cassandra Wilson,**  
3535 Albermarle Road
- **Farish Street (TBA)**
  
- **Ishmon Bracey,**  
2185 Fortune Street
  
- **King Edward Hotel,**  
235 West Capitol Street  
(Late 2011)
  
- **Malaco Records, 3023 W.**  
Northside Drive
  
- **Queen of Hearts, 2243 Martin**  
Luther King, Jr., Drive
  
- **Sam Myers and the**  
**Five Blind Boys,**  
Highway 49 South at Piney Woods  
Country Life School
  
- **Scott Radio Service, Capitol Street at**  
Gallatin Street
  
- **Summers Hotel and Subway Lounge,**  
619 West Pearl Street
  
- **Trumpet Records, 309 N.**  
Farish Street

### Mississippi Children's Museum

2145 Highland Drive • 601-981-5469  
[www.mississippichildrensmuseum.com](http://www.mississippichildrensmuseum.com)

Hands-on and engaging exhibits and programs beckon all children to this dynamic museum. Explore cultural arts, science and technology, literacy, health and nutrition, and Mississippi heritage. Come play!

- Tour Time: 1.5-2 hours
- Hours: Tuesday-Saturday 9 a.m.-5 p.m.,  
Wednesday noon-5 p.m., Sunday 1 p.m.-6  
p.m.
- Admission: \$8, Group rates available, Kids  
under  
12 months FREE

### Mississippi Farmers Market



939 High Street • 601-359-1163  
(adjacent to Mississippi State Fairgrounds)  
[www.msfarmersmarket.com](http://www.msfarmersmarket.com)

The Mississippi Farmers Market is a year-round market showcasing Mississippi's best produce. Watch chef demonstrations using produce from the market, listen to live entertainment, and purchase handmade crafts from local artists and craftsmen. Special events and local products are offered throughout the year. Restaurant on site.

- Hours: Seasonal, call for days & hours

### Mississippi Governor's Mansion

300 East Capitol Street • 601-359-6421  
[www.mdah.state.ms.us/museum/mansion.html](http://www.mdah.state.ms.us/museum/mansion.html)

Constructed in 1841, this beautiful Greek revival mansion was designed, according to architect William Nichols, "to adhere to plain republican simplicity." Having served as the official residence of Mississippi's first family since January 1842, the mansion is the second-oldest continuously occupied gubernatorial residence in the United States. In 1975, the mansion was designated a National Historic Landmark.

- Tour Time: 30 minutes
- Hours: Tuesday-Friday 9:30-11 a.m., on  
the half hour.
- Reservations required for groups  
of 10 or more
- Admission: Free

### Mississippi Museum of Art



380 South Lamar Street in downtown  
Jackson  
601-960-1515 • [www.msmuseumart.org](http://www.msmuseumart.org)

Mississippi's largest art museum holds an extensive collection of more than 4,000 works including the world's largest collection by and relating to Mississippians and their culturally diverse heritage. Many of these works can be seen in the museum's permanent exhibition, The Mississippi Story, which is free for all visitors. The museum features changing exhibitions of local to national and international importance. Exhibitions are complemented by a variety of educational and entertaining programs throughout the year. Visit the Museum Store for unique gifts, crafts, and exhibition-related merchandise, and save time for a stop in The Palette Café by Viking for sandwiches, salads, and Starbucks coffee! Visit the museum's website for more information.

- Tour Time: 1-4 hours to view all  
exhibitions, café, and store
- Regular Museum Hours: Tuesday-  
Saturday 10 a.m.-5 p.m., Sunday 12-5 p.m.  
with extended hours during special  
exhibitions
- Admission: Varies by exhibition

### Mississippi Museum of Natural Science



2148 Riverside Drive • 601-354-7303  
[www.mdwfp.com/museum](http://www.mdwfp.com/museum)

Experience Mississippi's living heritage through a visit to the Mississippi Museum of Natural Science. An aquarium system housing over 200 species of native fish, reptiles, and amphibians tells an ecological story of rivers, streams, lakes, ponds, marshes, and the Mississippi Sound. "The Swamp" is home to an assortment of alligators, turtles, and fish surrounded by a native garden. The 300-acre nature area, with native trees, shrubs, and vines, is a great place for bird watching or enjoying a stroll over the 2.5-mile nature trail with interpretive stops along the way.

- Tour Time: 1 hour (2 hours including Nature Trail tour)
- Hours: Monday-Friday 8 a.m.-5 p.m., Saturday 9 a.m.-5 p.m., Sunday 1 p.m.-5 p.m.
- Admission: Adults \$6, Children ages 3-18 \$4, Senior Citizens 60 and over \$5, Children under 3 FREE, Members FREE
- School Teachers with Classes – call for group Information

*Special Services:*

- Handicap accessible
- Picnic pavilion
- Motorcoach parking
- Multi-media presentations available

### Mississippi Sports

### Hall of Fame & Museum

1152 Lakeland Drive  
 601-982-8264 • 1-800-280-FAME •  
[www.ms fame.com](http://www.ms fame.com)

Named one of Top 10 "Most Amazing Baseball Museums in America" by ESPN, the museum contains an array of sports-related, interactive exhibits. Touch-screen television kiosks allow museum visitors to access archival footage, achievement data, biographical information, and more than 500 interviews with famous Mississippi athletes like Jerry Rice, Brett Favre, Archie Manning, Ralph Boston, and Dizzy Dean. Reservations requested for group tours.

- Hours: Monday-Saturday 10 a.m.-4 p.m.
- Admission: Adults \$5, Students (6-17) and Seniors \$3.50, Children (5 and under) Free
- Group Rate: \$3.00 (12 people minimum in group)
- Special Services:*
  - Tailgate parties • Handicap accessible
  - Motorcoach parking • Meeting rooms

### Mississippi State Capitol

400 High Street • 601-359-3114

Designed by architect Theodore Link and completed in 1903, the Mississippi State Capitol, patterned after the nation's capitol in Washington, D.C., exemplifies the Beaux Arts Classical style of architecture and today serves as the working seat of state government. Often referred to as the "New Capitol," the building boasts exceptional examples of stained glass, faux finishes, and marble from around the world.

- Tour Time: 1 hour
- Hours: Monday-Friday 8 a.m.-5 p.m.
- Reservations required for all groups
- Admission: Free

### The Old Capitol Museum



100 South State Street • 601-576-6920  
[www.oldcapitolmuseum.com](http://www.oldcapitolmuseum.com)

A National Historic Landmark and one of America's finest examples of Greek Revival public architecture, the Old Capitol building served as state capitol from 1839 to 1903, housing such notable events as the passage of the Ordinance of Secession. The Old Capitol was restored from 1959 to 1961 for use as the state historical museum. In 2005 Hurricane Katrina damaged the building's roof and flooded the museum. Most of the artifacts and exhibits were safely removed for relocation to a future, all-new Museum of Mississippi History.

### Russell C. Davis Planetarium/ Ronald E. McNair Space Theater

201 East Pascagoula Street  
 601-960-1550 •

[www.thedavisplanetarium.com](http://www.thedavisplanetarium.com)

Experience the universe in one of the South's largest planetariums, containing an advanced optical mechanical star projection system that can show the sky as it appears at any time from any location on Earth.

- Tour Time: 1 hour per show
- Sky Show Admission: Adults \$5.50, Seniors \$4.50, Children (Ages 4-12) \$3 and Student Group Members \$2
- Film and Laser Show Admission: Adults \$6





# RECREATION

## BOWLING

*Cotton Bowl*  
3003 Lynch Street • 601-354-5738

*Paradise Lanes*  
820 Cooper Rd. • 372-7700

## CAMPGROUNDS & RV PARKS

**LeFleur's Bluff State Park**  
2140 Riverside Drive • 601-362-3885

The only state park located within the city limits. Beautiful grounds and peaceful scenery features clubhouse, swimming pool, picnic areas, tennis, boating, fishing and camping, a nature trail, and a 9-hole golf course. 30 RV camp pads, bathhouse and sanitation dump station.

**Mississippi Veterans Memorial Stadium**  
2531 North State Street • 601-354-6021

Located at N. State Street and Woodrow Wilson Blvd., this state-owned facility's central location easily accesses major highways and four-lane traffic arteries. Expanded in 1979, it seats 60,492, including 219 elevated wheel chair spaces. The facility's horse-shoe configuration is ideally suited for concerts and performance events.

**Swinging Bridge RV Park**  
5750 I-55 South  
601-502-1101

**Timberlake Campground**

## Mississippi Coliseum & Fairgrounds

1207 Mississippi Street • 601-961-4000

The Coliseum and Fairgrounds host a variety of entertainment for Mississippi. The fairgrounds, the oldest in the Southeast, provide the site for the Mississippi State Fair in October, the Dixie National Rodeo and Livestock Show in February (the largest east of the Mississippi River) a variety of Cutting Horse Shows, and big name entertainers in concert throughout the year. Call for current schedules and ticket information.

## Smith-Wills Stadium

1200 Lakeland Drive • 601-362-2294

This 5,200 seat facility is multi-use for baseball and other events such as outdoor concerts. Call for current schedules and ticket information.

## WALKING & EXERCISE TRAILS

Grove Park . . . . . 1/2 mile

Hico Park . . . . . 1/2 mile

Leavell Woods Park . . . . . 3/4 mile

Manhattan Park . . . . . 3/4 mile

Natural Science Museum . . . . . 6 1/2 mile

Parham Bridges Park . . . . . 1 mile

143 Timberlake Drive  
Exit 98B Lakeland Drive, 5.8 miles,  
then turn left on Old Fannin Rd., 3.7  
miles on left past McDonald's  
601-992-9100

Sheppard Brothers . . . . . 1/2 mile

Westside Park . . . . . 1/2 mile

Willie Henry Park . . . . . 1/4 mile

## PUBLIC GOLF COURSES

**Grove Park Course**  
1800 Walter Dutch Welch Dr.  
601-960-2074  
9 holes; par 36.

**LeFleur's Bluff Golf Course**  
1205 Lakeland Dr. • 601-362-5485  
www.mdwfp.com/LeFleursBluff.asp  
9 holes; par 35.

**Live Oaks Golf Club**  
11200 Highway 49 • 601-982-1231  
18 holes; par 72

**Patrick Farms Golf Club**  
300 Club House Dr. • 601-664-0304  
18 holes; par 72.

**Sonny Guy Municipal Course**  
3200 Woodrow Wilson Dr.  
• 601-960-1905  
18 holes; par 72.

## HUNTING/FISHING

**MS Department of Wildlife Fisheries & Parks**  
1505 Eastover Dr. • 601-432-2400  
810 Clearmont Drive, Pearl  
601-939-4380  
http://home.mdwfp.com



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*Now that you've seen how much we have to offer,  
let us extend a personal invitation to  
come and sample it all for yourself.  
Call us today at 1-800-354-7695 or  
601-960-1891. We'll help you with your  
planning, inform you of the facilities and lodgings  
that best suit your group, offer suggestions  
on dining, and help you handle the many details  
that go into making your stay a most pleasant one.  
From start to finish, you'll find it right here in  
Jackson, the City with Soul.*